



## THE STORY OF AFTERNOON TEA

THE TRADITION OF AFTERNOON TEA BEGAN IN THE EARLY 1840S WITH ANNA, THE DUCHESS OF BEDFORD. DURING THAT TIME, PEOPLE TYPICALLY ATE ONLY BREAKFAST AND A LATE DINNER. TO SATISFY HER HUNGER IN THE LATE AFTERNOON, THE DUCHESS REQUESTED TEA, BREAD, AND BUTTER TO BE BROUGHT TO HER ROOM AROUND FOUR O'CLOCK.

SOON, SHE STARTED INVITING FRIENDS TO JOIN HER, AND THIS AFTERNOON RITUAL BECAME A FASHIONABLE SOCIAL EVENT AMONG THE ARISTOCRACY. BY THE MID-19TH CENTURY, AFTERNOON TEA HAD BECOME A WIDESPREAD PRACTICE, ESPECIALLY AMONG THE UPPER CLASSES. IT TYPICALLY INCLUDED FINGER SANDWICHES, SCONES WITH CLOTTED CREAM AND JAM, AND A VARIETY OF PASTRIES.

AS THE TRADITION EVOLVED, IT WAS CHARACTERIZED BY ITS FORMALITY AND ETIQUETTE. AFTERNOON TEA WAS AN OPPORTUNITY FOR HIGH SOCIETY TO DISPLAY THEIR SOCIAL STATUS, HOSPITALITY, AND MANNERS. IT SPREAD GLOBALLY, BECOMING A SYMBOL OF REFINEMENT IN PLACES LIKE THE UNITED STATES, CANADA, AND AUSTRALIA.

TODAY, AFTERNOON TEA IS STILL A BELOVED TRADITION ENJOYED IN HOTELS, TEA ROOMS, AND RESTAURANTS WORLDWIDE. IT REMAINS A LEISURELY AND ELEGANT EXPERIENCE, OFFERING A CHANCE TO INDULGE IN THE AMBIANCE, COMPANY, AND A SELECTION OF FINE TEAS AND TREATS. AFTERNOON TEA CONTINUES TO BE A CHERISHED CULTURAL HERITAGE, REFLECTING THE ART OF HOSPITALITY AND SOCIAL GRACE.

NOW, PLEASE JOIN US AND STEP BACK IN TIME TO ENJOY THE NEWLY RE-ESTABLISHED AFTERNOON TEA TRADITION OF THE PAST AT THE ALGONQUIN RESORT. SIT BACK, RELAX AND SAVOUR A LITTLE PIECE OF HISTORY.

BON APPETIT.

